



Bressingham Primary Newsletter

27th January
2023

Dates

(Further information will follow about some events, marked *)

Wednesday 1st February,
Wednesday 1st March,
Wednesday 15th and Thursday
16th March

Possible teacher strikes with likely implications for some children*

Monday 13th – Friday 17th
February **Half term**

Monday 20th February **Pancake races in school**- please bring a small, named frying pan in if you can!

Tuesday 21st February
Playground games/skipping event in school

Tuesday 21st February **Open Classrooms** for families with surnames beginning A-M

Wednesday 22nd February
Open Classrooms for families with surnames beginning N-Z

Week commencing 27th February
Parent-Carer/Teacher meetings*

Monday 27th February (*Year 2 only*)

Tuesday 28th February (all year groups *excluding Year 2*)

Thursday 2nd March (all year groups)

Friday 3rd March

World Book Day* (World Book Day is actually on Thursday 2nd March, but due to some children swimming we will celebrate this on the Friday.)

Friday 17th March **Red Nose Day**
RED NOSE DAY Children may come to school wearing something red or in non-school uniform (£1 donation)

Wednesday 22nd March

Quick Sticks Hockey Festival for a group of children from Years 3 and 4*

Friday 24th March

Framlingham Castle Visit for KS1*

Happy New Year!

The children have settled well back into school after the Christmas holidays and as always have enjoyed some exciting learning opportunities. Here is a little snapshot of their learning:



Year R have been celebrating Lunar New Year



Year 1 have been exploring different techniques in art to make shields as part of their Castles topic.



Year 2 enjoying their reading area



Year 3 practising yoga.



Year 4 charging with their Roman shields.



Year 5 locating the countries in Latin America.



Amazing gymnastics in Year 6.

Safety when parking near the school

Parking at the end of the day continues to be a problem and we have been notified of some parking that is very unsafe. Please for the safety of our children and families be considerate as to how and where you park, by not blocking entrances or obscuring vision for other drivers.

Pascoe Place, which is next to the school, is a private road. There is no access for parents unless they live there or are visiting someone there, so please don't use this

road to turn around in, or to pick up or drop off from.

There is ample parking at the village hall which is only a short walk away.

Please can we also remind all parents that for the safety of our children we cannot dismiss children to parents/carers waiting in cars on the road outside the school, unless this is for health reasons and arranged in advance.

Teachers' strikes

A letter was sent out yesterday regarding the forthcoming strikes. We will update you as soon as we know of any changes.

Open classroom events

If you are unable to make this event due to work commitments, but would still like to see your child's work please email info@bressingham.norfolk.sch.uk for alternative arrangements.

Parent-Carer meetings

We will soon be writing to you with the arrangements for the parent/carer meetings and how to book these. The dates are listed at the beginning of the newsletter.

Dogs in the playground

As much as we do love your furry friends we cannot have dogs in the playground at drop off or pick up time – sorry!

Operation Exercise

Thank you for supporting this by walking or cycling from home or from the village hall car park. Every time you manage to walk or

cycle from the village hall car park or home, it contributes to your child's class possibly winning a weekly award 😊



Star of the Week

It has been lovely to have parents of our Stars of the Week joining us for our Celebration Assemblies. Invitations are sent out for this each week via Parentmail. We obviously understand that you may not be able to attend due to commitments, but it is special for the children when you can. Please note that taking photos or filming is not permitted during this assembly; however, should you wish to take an individual photograph of your child we can arrange this afterwards.

Thank you all for your support of our wonderful children and school.

Dawn Gudde & Joanna Lewis



Please see the office section below for lots of information about Coronavirus, internet safety, support for children and families, and more.

Notes from the office...

School Uniform

Thank you for keeping to the school uniform list.

To place an order for items with the school logo, please follow the link: www.brigade.uk.com

Nut free school



We are a nut free school. Please be aware that children can have nut allergies, so please do not include any items containing nuts in snacks or in lunches; these can include snack bars or spreads, amongst other foods. Thank you.

Free School Meal Information, from Norfolk County Council

How to apply:
Parents are encouraged to apply on line and information and a link to the on line application service is provided at www.norfolk.gov.uk/education-and-learning/schools/school-meals-and-milk

Internet Safety

The following resources provide guidance for parents and carers to keep children safe online. They will, amongst other things, support

parents to talk to their children about a range of online safety issues, set up home filtering in a child-friendly way and set up age-appropriate parental controls on digital devices:

[Thinkuknow](#) by the National Crime Agency - Child Exploitation and Online Protection command (NCA-CEOP) provides resources for parents and carers and children of all ages to help keep children safe online.

[Childnet](#) has developed [guidance for parents and carers](#) to begin a conversation about online safety, as well as [guidance on keeping under-fives safe online](#).

[Parent Info](#) is a collaboration between Parent Zone and NCA-CEOP, providing support and guidance for parents and carers related to the digital world from leading experts and organisations. National Society for the Prevention of Cruelty to Children (NSPCC) has [guidance for parents and carers](#) to help keep children safe online.

[UK Safer Internet Centre](#) provides tips and advice for parents and carers to keep children safe online - you can also [report any harmful content found online through the UK Safer Internet Centre](#).

The Internet Watch Foundation (IWF): If an incident involves sexual images or videos that have been made and circulated online, the victim can be supported to get the images removed by the Internet Watch Foundation

(IWF)Childline/IWF Report Remove is a free tool that allows children to report nude or sexual images and/or videos of themselves that they think might have been shared online

The following sites are also good to look at with children:

For younger children...

<https://www.bbc.co.uk/cbeebies/grownups/six-tips-teaching-children-technology?collection=parenthood-tips-and-tricks>

For older children...

<https://www.bbc.com/ownit>

For all children...

[Undressed \(lgfl.net\)](#) LGFL 'Undressed' provided advice about how to teach young children about being tricked into getting undressed online in a fun way without scaring them or explaining the motives of sex offenders



Support for mental health

Norfolk has a website and telephone number that may be useful for you or for someone you know of for mental health support: [Norfolk & Waveney - Mental Health Advice & Support for 0-25's \(justonenorfolk.nhs.uk\)](#) or 0300 300 0123.



In a mental health emergency, there is a new number to contact:

If you need urgent mental health help, call 111 and choose option 2

Mental health crisis support 24/7 for people of all ages in Norfolk and Suffolk

Early Help Hub

The Early Help Hub for South Norfolk, in Long Stratton, is a good point of contact for many different services, should you have any urgent needs or worries:

<https://www.south-norfolk.gov.uk/residents/south-norfolk-help-hub>

See Something, Hear Something, Say Something

Norfolk have launched a campaign for awareness of possible abuse, entitled *See something, hear something, say something...*



If children are worried about something

Childline 0800 1111
www.childline.org.uk

NSPCC www.nspcc.org.uk

CEOP www.ceop.police.uk

Just One Number 0300 300 0123
www.justonenorfolk.nhs.uk

Young Minds
www.youngminds.org.uk

Samaritans 116 123
www.samaritans.org

Kids Helpline
www.kidshelpline.com.au

National guidance about Coronavirus:

[People with symptoms of a respiratory infection including COVID-19 - GOV.UK](https://www.gov.uk/government/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19)
(www.gov.uk)

Guidance from the local authority for schools, about Covid19:

- If you are eligible, please take up the offer to [get vaccinated](#).
- Ensure good [ventilation](#) is in place.
- Cover your mouth and nose with a tissue or your sleeve (not your

hands) when you cough or sneeze.

- Put used tissues in the bin immediately and wash your hands afterwards.
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day.
- Make use of face coverings where recommended (e.g. on school transport when respiratory virus rates are high).
- If you have [symptoms of a respiratory illness](#), and a high temperature, or do not feel well enough to attend your setting, stay at home and avoid contact with people until you are well enough to resume normal activities and no longer have a high temperature (and no longer need medication to reduce a temperature).
- [Children and young people \(aged 18 years and under\) who have mild symptoms of a respiratory infection](#) such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting.
- Adults and children who have experienced diarrhoea or vomiting should stay away from school for two days after symptoms have gone.
- If you do have access to tests and [test positive for COVID-19 and are an adult](#) you should stay at home and avoid contact with other people for at least 5 days after the day your test was taken (or longer if you are still poorly/have a temperature), which is when you are most infectious. Or for 3 days [for children and young people aged 18 and under](#) (or longer if you are still poorly/have a [high temperature](#)). More detail is available on GOV.UK.