



# Bressingham Primary Newsletter

2<sup>nd</sup> December  
2022

## Dates

(Further information will follow about some events, marked \*)

Friday 2<sup>nd</sup> December **FABS Christmas Fair 3.20pm at school**

Tuesday 6<sup>th</sup> December – **Nativity Performance – 2pm**

Thursday 8<sup>th</sup> December – **Nativity Performance – 2pm**

Friday 9<sup>th</sup> December **FABS Christmas Disco for children early evening at school**

Tuesday 13<sup>th</sup> December – **Christmas Service at the church at 9 am\***

Wednesday 14<sup>th</sup> December- **Christmas Lunch**

Friday 16<sup>th</sup> December – **End of autumn term**

**Carols on the field – 2pm, weather permitting**

School reopens for pupils – 4<sup>th</sup> January

## Christmas decoration afternoon

The school is looking very festive and the children really enjoyed our Christmas decoration afternoon. They swapped classes and it was lovely to see the mixed ages working together to enjoy an afternoon making decorations and listening to Christmas songs! Here are a few photos:





### Christmas Jumpers on the last day of term

The children are welcome to wear Christmas jumpers on the last day of term with their school uniform, should they wish to.

### KS2 trips to the Fitzwilliam Museum, Cambridge

Year 5 and 6 had a wonderful time at the Fitzwilliam Museum and Year 3 and 4 are looking forward to their visit next week.



### Carols on the field

We will still be having our Christmas carols on the last day of term. Weather permitting, to enable everyone to attend, we plan to have this on the field again. Please wrap up warm and bring your wellies and provide these for children to wear, if you wish, as the field will be muddy.

This is obviously weather dependent, so plans could change at the last minute. If the weather is poor, we will have the event in the hall, but can only invite the parents and carers of our Year 6 children, for safety reasons. The reason for choosing Year 6 parent-carers is that it is their last chance to enjoy this event with their Year 6 children; we hope that other parents will understand.

### Children in Need

Thank you for supporting this worthy cause. Together we raised £167.80.



### Cross Country

Several of our key stage 2 children represented our school at a cross country event. We came 6<sup>th</sup> which is a great achievement. A huge well done to all those involved.





### Lucky winners!

We are delighted that we were one of the lucky schools to receive over 100 books in a 'Lit in Colour' giveaway from Penguin! This will help to support high quality inclusive reading. We had some very excited children unboxing them!



### Dogs in the playground

As much as we do love your furry friends we cannot have dogs in the playground at pick up time – sorry!

### Operation Exercise

Thank you for supporting this by walking or cycling from home or from the village hall.



### Parking and school collection

This to remind everyone that Pascoe Close, next to the school, is a private road. There is no access for parents unless they live there or are visiting someone there, so please don't use this road to turn around in, or to pick up or drop off from.

Please also do not park in the staff car park. Thank you for not queueing in or in front of the staff car park- this is so much safer.

Please can we also remind all parents that for the safety of our children we cannot dismiss children to parents/carers waiting in cars on the road outside the gate, unless this has been agreed for health reasons.

Thank you.

### Star of the Week

It has been lovely to have parents of our Stars of the Week joining us for our Celebration Assemblies. Invitations are sent out for this each week via Parentmail. We obviously understand that you may not be able to attend due to commitments, but it is special for the children when you can. Please note that taking photos or filming is not permitted during this assembly; however, should you wish to take an individual photograph of your child we can arrange this afterwards.

### Clubs

Please note there will not be any clubs operating next half term due to the darker evenings and changeable weather.

### Merry Christmas!

This will be our last newsletter before the Christmas holiday so we would like to take this opportunity to wish all of our Bressingham families a very Merry Christmas!



### Holly

*Thank you all for your support of our wonderful children and school.*

*Dawn Gudde & Joanna Lewis*



Please see the office section below for lots of information about Coronavirus, internet safety, support for children and families, and more.

**Notes from the office...**

**School Uniform**

Thank you for keeping to the school uniform list.

To place an order for items with the school logo, please follow the link: [www.brigade.uk.com](http://www.brigade.uk.com)

**Nut free school**



We are a nut free school. Please be aware that children can have nut allergies, so please do not include any items containing nuts in snacks or in lunches; these can include snack bars or spreads, amongst other foods. Thank you.

**Free School Meal Information, from Norfolk County Council**

How to apply: Parents are encouraged to apply on line and information and a link to the on line application service is provided at [www.norfolk.gov.uk/education-and-learning/schools/school-meals-and-milk](http://www.norfolk.gov.uk/education-and-learning/schools/school-meals-and-milk)

**Internet Safety**

The following resources provide guidance for parents and carers to keep children safe online. They will, amongst other things, support

parents to talk to their children about a range of online safety issues, set up home filtering in a child-friendly way and set up age-appropriate parental controls on digital devices:

[Thinkuknow](#) by the National Crime Agency - Child Exploitation and Online Protection command (NCA-CEOP) provides resources for parents and carers and children of all ages to help keep children safe online.

[Childnet](#) has developed [guidance for parents and carers](#) to begin a conversation about online safety, as well as [guidance on keeping under-fives safe online](#).

[Parent Info](#) is a collaboration between Parent Zone and NCA-CEOP, providing support and guidance for parents and carers related to the digital world from leading experts and organisations. National Society for the Prevention of Cruelty to Children (NSPCC) has [guidance for parents and carers](#) to help keep children safe online.

[UK Safer Internet Centre](#) provides tips and advice for parents and carers to keep children safe online - you can also [report any harmful content found online through the UK Safer Internet Centre](#).

The Internet Watch Foundation (IWF): If an incident involves sexual images or videos that have been made and circulated online, the victim can be supported to get the images removed by the Internet Watch Foundation

(IWF)Childline/IWF Report Remove is a free tool that allows children to report nude or sexual images and/or videos of themselves that they think might have been shared online

The following sites are also good to look at with children:

For younger children...

<https://www.bbc.co.uk/cbeebies/grownups/six-tips-teaching-children-technology?collection=parenthood-tips-and-tricks>

For older children...

<https://www.bbc.com/ownit>

For all children...

[Undressed \(lgfl.net\)](#) LGFL

'Undressed' provided advice about how to teach young children about being tricked into getting undressed online in a fun way without scaring them or explaining the motives of sex offenders

**Support for mental health**

Norfolk has a website and telephone number that may be useful for you or for someone you know of for mental health support: [Norfolk & Waveney - Mental Health Advice & Support for 0-25's \(justonenorfolk.nhs.uk\)](#) or 0300 300 0123.



In a mental health emergency, there is a new number to contact:

**If you need urgent mental health help, call 111 and choose option 2**

Mental health crisis support 24/7 for people of all ages in Norfolk and Suffolk

**Early Help Hub**

The Early Help Hub for South Norfolk, in Long Stratton, is a good point of contact for many different services, should you have any urgent needs or worries:

<https://www.south-norfolk.gov.uk/residents/south-norfolk-help-hub>

### See Something, Hear Something, Say Something

Norfolk have launched a campaign for awareness of possible abuse, entitled *See something, hear something, say something...*



### If children are worried about something

**Childline** 0800 1111  
[www.childline.org.uk](http://www.childline.org.uk)

**NSPCC** [www.nspcc.org.uk](http://www.nspcc.org.uk)

**CEOP** [www.ceop.police.uk](http://www.ceop.police.uk)

**Just One Number** 0300 300 0123  
[www.justonenorfolk.nhs.uk](http://www.justonenorfolk.nhs.uk)

**Young Minds**  
[www.youngminds.org.uk](http://www.youngminds.org.uk)

**Samaritans** 116 123  
[www.samaritans.org](http://www.samaritans.org)

**Kids Helpline**  
[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

### National guidance about Coronavirus:

[People with symptoms of a respiratory infection including COVID-19 - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

### Guidance from the local authority for schools, about Covid19:

- If you are eligible, please take up the offer to [get vaccinated](#).
- Ensure good [ventilation](#) is in place.
- Cover your mouth and nose with a tissue or your sleeve (not your

hands) when you cough or sneeze.

- Put used tissues in the bin immediately and wash your hands afterwards.
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day.
- Make use of face coverings where recommended (e.g. on school transport when respiratory virus rates are high).
- If you have [symptoms of a respiratory illness](#), and a high temperature, or do not feel well enough to attend your setting, stay at home and avoid contact with people until you are well enough to resume normal activities and no longer have a high temperature (and no longer need medication to reduce a temperature).
- [Children and young people \(aged 18 years and under\) who have mild symptoms of a respiratory infection](#) such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting.
- Adults and children who have experienced diarrhoea or vomiting should stay away from school for two days after symptoms have gone.
- If you do have access to tests and [test positive for COVID-19 and are an adult](#) you should stay at home and avoid contact with other people for at least 5 days after the day your test was taken (or longer if you are still poorly/have a temperature), which is when you are most infectious. Or for 3 days [for children and young people aged 18 and under](#) (or longer if you are still poorly/have a [high temperature](#)). More detail is available on [GOV.UK](#).