

Bressingham Primary Newsletter

21st October 2022

Dates

(Further information will follow about some events, marked *)

 $24^{th} - 28^{th}$ October – **Half term**

Monday 31st October- **School photos (individual and family** for those with siblings in school)

Monday 31st October- **children's family names beginning A-M** - **open classrooms**- come and see your child's work from 3.20-3.45

Thursday 3rd Novemberchildren's family names beginning N-Z -open classrooms- come and see your child's work from 3.20-3.45

Monday 7th November-**Remembrance Service at the village War Memorial**- 10.45*

Tuesday 8th November- **open morning for new EYFS September 2023- book appointments for 9.15 or 10.45**

via <u>info@bressingham.norfolk.sch.uk</u> or phone 01379 687318

Tuesday 8th and Wednesday 9th November- **Parent-carer Evenings** – Information sent yesterday

Tuesday 15th November FABS (Friends and Associates of Bressingham Primary School) AGM 5.45pm at school

Wednesday 16th November FABS Catch up meeting 9:00 at school

Friday 2nd December **FABS Christmas Fair 3.20pm at school**

Tuesday 6th December – **Nativity Performance ***

Thursday 8th December – **Nativity Performance** *

Friday 9th December **FABS**Christmas Disco for children
early evening at school*

Tuesday 13th December – **Christmas Service at the church** at **9 am***

Friday 16th December – **End of** autumn term

Stars of the week

Year R: Ethan Year 1: Elora Year 2: Samuel Year 3: Olivia

Year 4: Brogan Year 5: Molly

Year 6: Sam



Well done to all our stars!

CLUBS

Please note there will not be any clubs operating next term due to the darker evenings and changeable weather.

Year 6 parents- requesting High School places

Please follow this link to find out more- the deadline for applications is 31st October. https://educationhub.blog.gov.uk/2022/10/17/secondary-school-applications-deadline-what-you-need-to-know/

Harvest Festival

Thank you for supporting this event-there were more than 350 people at the church and the atmosphere was warm and celebratory. As mentioned at the church, the children were at the heart of the service, in every way, and it brought joy to the heart to see and feel that warmth- thank you again.

The produce that was donated has been taken to the Waveney Food Bank in Diss and the collection raised £110, which has been shared between the church and the school.



In case of absence

There are ever increasing requirements for monitoring of absence from the Government and from the Local Authority, as attendance at school is so important for children.

Please may you ensure that if your child is unable to attend school that you report the specific reason for the absence when you call or email. We aren't allowed to accept 'unwell' as a reason for absence and will have to follow up if this is given as a reason. Thank you.

FABS

It is so exciting that we are going to be able to have events and activities arranged by FABS (the Friends and Associates of Bressingham School) again. This is a combination of parent-carers and staff, who want to support the school. There are opportunities for children to have fun, families to have fun and also to raise money for the school. Without the fundraising of the FABS, we wouldn't have been able to have our outdoor room!

The AGM and a catch-up meeting the following day are in the dates section at the beginning of the newsletter. Why don't you come along? This is a great way of getting to know other families better as you plan and run activities together. You would be very welcome, so please do come along, no matter how little or how much you are able to help, and find out more.

(More information was sent out in a recent Parentmail.)

Trips

At Bressingham, we have our Memorable Moments and several of these are trips. These trips are great experiences and enrich the children's learning too.

We are very mindful that money is tight for many and this year there won't be many trips, but we are keen to try to keep them going, and hope that you will be supportive of this.

Initially, we are planning 1 trip for each group of children, which we estimate will cost about £15 per child. We will then consider whether it is possible to go ahead with more later in the year.

The first of the planned trips will be for our Year 3-6 classes, to the Fitzwilliam Museum in Cambridge, where there is the most amazing collection of Ancient Egyptian and Ancient Greek artifacts, together with a wonderful art collection. The children will have a session with an expert from the museum about either Ancient Egypt or Ancient Greece, but will also get to see the other items. It really is amazing to see these real items from the past in real life!



Operation Exercise

Thank you for supporting this by walking or cycling from home or from the village hall.



Well done to Hedgehogs, Barn Owls and Kestrels who won marbles for Operation Exercise this week!

Parking and school collection

This to remind everyone that Pascoe Close, next to the school, is a private road. There is no access for parents unless they live there or are visiting someone there, so please don't use this road to turn around in, or to pick up or drop off from.

Please also do not park in the staff car park. Thank you for not queueing in or in front of the staff car park-this is so much safer.

Please can we also remind all parents that for the safety of our children we cannot dismiss children to parents/carers waiting in cars on the road outside the gate, unless this has been agreed for health reasons.

Thank you.

Star of the Week

It has been lovely to have parents of our Stars of the Week joining us for our Celebration Assemblies. Invitations are sent out for this each week via Parentmail. We obviously understand that you may not be able to attend due to commitments, but it is special for the children when you can. Please note that taking photos or filming is not permitted during this assembly; however, should you wish to take an individual photograph of your child we can arrange this afterwards.



A1066 to Bressingham Church

Thank you all for your support of our wonderful children and school.

Dawn Gudde & Joanna Lewis



Please see the office section below for lots of information about Coronavirus, internet safety, support for children and families, and more.

Notes from the office...

School Uniform

Thank you for keeping to the school uniform list.

To place an order for items with the school logo, please follow the link: www.brigade.uk.com

Car parking and safety outside school- for our children and families and for those living near the school

Thank you- this generally seems to have been much better.

Please also keep being aware of pedestrians and cyclists, and park only in permitted places. Thank you.

Nut free school



We are a nut free school. Please be aware that children can have nut allergies, so please do not include any items containing nuts in snacks or in lunches; these can include snack bars or spreads, amongst other foods. Thank you.

Free School Meal Information, from Norfolk County Council

How to apply:

Parents are encouraged to apply on line and information and a link to the on line application service is provided

at www.norfolk.gov.uk/education-and-learning/schools/school-meals-and-milk

Internet Safety

The following resources provide guidance for parents and carers to keep children safe online. They will,

amongst other things, support parents to talk to their children about a range of online safety issues, set up home filtering in a child-friendly way and set up ageappropriate parental controls on digital devices:

Thinkuknow by the National Crime Agency - Child Exploitation and Online Protection command (NCA-CEOP) provides resources for parents and carers and children of all ages to help keep children safe online.

<u>Childnet</u> has developed <u>guidance for</u> <u>parents and carers</u> to begin a conversation about online safety, as well as <u>guidance on keeping underfives safe online</u>.

Parent Info is a collaboration between Parent Zone and NCA-CEOP, providing support and guidance for parents and carers related to the digital world from leading experts and organisations. National Society for the Prevention of Cruelty to Children (NSPCC) has guidance for parents and carers to help keep children safe online.

<u>UK Safer Internet Centre</u> provides tips and advice for parents and carers to keep children safe online you can also <u>report any harmful</u> <u>content found online through the UK</u> <u>Safer Internet Centre</u>.

The Internet Watch Foundation (IWF): If an incident involves sexual images or videos that have been made and circulated online, the victim can be supported to get the images removed by the Internet Watch Foundation

(IWF)Childline/IWF Report Remove is a free tool that allows children to report nude or sexual images and/or videos of themselves that they think might have been shared online

The following sites are also good to look at with children:

For younger children...

https://www.bbc.co.uk/cbeebies/grownups/six-tips-teaching-children-technology?collection=parenthood-tips-and-tricks

For older children...

https://www.bbc.com/ownit

For all children...

Undressed (lgfl.net) LGFL

'Undressed' provided advice about how to teach young children about being tricked into getting undressed online in a fun way without scaring them or explaining the motives of sex offenders

Support for mental health

Norfolk has a website and telephone number that may be useful for you or for someone you know of for mental health support:

Norfolk & Waveney - Mental Health Advice & Support for 0 -25's (justonenorfolk.nhs.uk)
or 0300 300 0123.



In a mental health emergency, there is a new number to contact:

If you need urgent mental health help, call 111 and choose option 2



Mental health crisis support 24/7 for people of all ages in Norfolk and Suffolk

Early Help Hub

The Early Help Hub for South Norfolk, in Long Stratton, is a good point of contact for many different services, should you have any urgent needs or worries: https://www.southnorfolk.gov.uk/residents/southnorfolk-help-hub

See Something, Hear Something, Say Something

Norfolk have launched a campaign for awareness of possible abuse, entitled See something, hear something, say something...



If children are worried about something

Childline 0800 1111 www.childline.org.uk

NSPCC www.nspcc.org.uk

CEOP www.ceop.police.uk

Just One Number 0300 300 0123 www.justonenorfolk.nhs.uk

Young Minds

www.youngminds.org.uk

Samaritans 116 123 www.samaritans.org

Kids Helpline

www.kidshelpline.com.au

National guidance about Coronavirus:

People with symptoms of a respiratory infection including COVID-19 - GOV.UK (www.gov.uk)

Guidance from the local authority for schools, about Covid19:

- If you are eligible, please take up the offer to <u>get vaccinated</u>.
- Ensure good <u>ventilation</u> is in place
- Cover your mouth and nose with a tissue or your sleeve (not your

- hands) when you cough or sneeze.
- Put used tissues in the bin immediately and wash your hands afterwards.
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day.
- Make use of face coverings where recommended (e.g. on school transport when respiratory virus rates are high).
- If you have symptoms of a respiratory illness, and a high temperature, or do not feel well enough to attend your setting, stay at home and avoid contact with people until you are well enough to resume normal activities and no longer have a high temperature (and no longer need medication to reduce a temperature).
- Children and young people
 (aged 18 years and under) who
 have mild symptoms of a
 respiratory infection such as a
 runny nose, sore throat, or slight
 cough, who are otherwise well,
 can continue to attend their
 education setting.
- Adults and children who have experienced diarrhoea or vomiting should stay away from school for two days after symptoms have gone.
- If you do have access to tests and test positive for COVID-19 and are an adult you should stay at home and avoid contact with other people for at least 5 days after the day your test was taken (or longer if you are still poorly/have a temperature), which is when you are most infectious. Or for 3 days for children and young people aged 18 and under (or longer if you are still poorly/have a high temperature). More detail is available on GOV.UK.