



Bressingham Primary Newsletter

23rd September
2022

Dates

(Further information will follow about some events, marked *)

Tuesday 27th September –
Phonics/Reading meeting for
Year R and 1 parents 2.30-3

Wednesday 12th October –
**Harvest Festival at the church at
9 am***

24th – 28th October – **Half term**

Tuesday 13th December –
**Christmas Service at the church
at 9 am***

Friday 16th December – **End of
autumn term**

Stars of the week

Year R: Dylan

Year 1: Tarynn-Rae

Year 2: Emilia

Year 3: Isla

Year 4: Rafe

Year 5: George

Year 6: Oliver



Well done to all our stars!

Welcome back!

It has been a wonderfully busy start to the new term and it is lovely to see the children so engaged in their learning. It has also been great to meet our new families and children. All our children have settled brilliantly back into school life and have been very busy working hard and playing together. Here are a few photos of them in action:



Year R having fun outside!



Year 1 busy drawing their self-portraits



Year 4 science- exploring how sound vibrates



Year 2 science- matching adults and young



Year 5 history- research about Ancient Egypt



Year 2 warming up in their PE lesson!



Year 6 making Christmas cards!



Year 4 measuring in science to compare how much they have grown



Sweetcorn and pumpkins in our amazing allotment!

Operation Exercise

Thank you for supporting this by walking or cycling from home or from the village hall.



Well done to Hedgehogs, Kestrels and Barns Owls, who won marbles for Operation Exercise this week!

Assemblies

Through our assemblies and circle time we have been reflecting on and celebrating the life of Her Majesty, Queen Elizabeth II. We have also been learning and discussing British values.

Parking and school collection

This to remind everyone that Pascoe Close, next to the school, is a private road. There is no access for parents unless they live there or are visiting someone there, so please don't use this road to turn around in, or to pick up or drop off from.

Please also do not park in the staff car park. Thank you for not queueing in or in front of the staff car park- this is so much safer.

Please can we also remind all parents that for the safety of our children we cannot dismiss children to parents/carers waiting

in cars on the road outside the gate, unless this has been agreed for health reasons.

Thank you.

Lost property

There have been several cardigans left at school (without names). We have tried to reunite these with their owners, but without success. We show the children these in assemblies, then they are kept for a short while before being reused or recycled. Also, if we could ask everyone to name their child's clothing that would be most helpful.

Star of the Week

It has been lovely to have parents of our Stars of the Week joining us for our Celebration Assemblies. Invitations are sent out for this each week via Parentmail. We obviously understand that you may not be able to attend due to commitments, but it is special for the children when you can. Please note that taking photos or filming is not permitted during this assembly; however, should you wish to take an individual photograph of your child we can arrange this afterwards.



Please see the office section below for lots of information about Coronavirus, internet safety, support for children and families, and more.



Blackberries

Thank you all for your support of our wonderful children and school.

Dawn Gudde & Joanna Lewis

Notes from the office...

School Uniform

Thank you for keeping to the school uniform list.

To place an order for items with the school logo, please follow the link: www.brigade.uk.com

Car parking and safety outside school- for our children and families and for those living near the school

Thank you- this generally seems to have been much better.

Please also keep being aware of pedestrians and cyclists, and park only in permitted places. Thank you.

Nut free school



We are a nut free school. Please be aware that children can have nut allergies, so please do not include any items containing nuts in snacks or in lunches; these can include snack bars or spreads, amongst other foods. Thank you.

Free School Meal Information, from Norfolk County Council

How to apply:

Parents are encouraged to apply on line and information and a link to the on line application service is provided at www.norfolk.gov.uk/education-and-learning/schools/school-meals-and-milk

Internet Safety

The following resources provide guidance for parents and carers to keep children safe online. They will,

amongst other things, support parents to talk to their children about a range of online safety issues, set up home filtering in a child-friendly way and set up age-appropriate parental controls on digital devices:

[Thinkuknow](#) by the National Crime Agency - Child Exploitation and Online Protection command (NCA-CEOP) provides resources for parents and carers and children of all ages to help keep children safe online.

[Childnet](#) has developed [guidance for parents and carers](#) to begin a conversation about online safety, as well as [guidance on keeping under-fives safe online](#).

[Parent Info](#) is a collaboration between Parent Zone and NCA-CEOP, providing support and guidance for parents and carers related to the digital world from leading experts and organisations. National Society for the Prevention of Cruelty to Children (NSPCC) has [guidance for parents and carers](#) to help keep children safe online.

[UK Safer Internet Centre](#) provides tips and advice for parents and carers to keep children safe online - you can also [report any harmful content found online through the UK Safer Internet Centre](#).

The following sites are also good to look at with children:

For younger children...

<https://www.bbc.co.uk/cbeebies/grownups/six-tips-teaching-children-technology?collection=parenthood-tips-and-tricks>

For older children...

<https://www.bbc.com/ownit>

Support for mental health

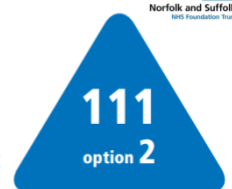
Norfolk has a website and telephone number that may be

useful for you or for someone you know of for mental health support: [Norfolk & Waveney - Mental Health Advice & Support for 0-25's \(justonenorfolk.nhs.uk\)](http://Norfolk & Waveney - Mental Health Advice & Support for 0-25's (justonenorfolk.nhs.uk)) or 0300 300 0123.



In a mental health emergency, there is a new number to contact:

If you need urgent mental health help, call 111 and choose option 2



Mental health crisis support 24/7 for people of all ages in Norfolk and Suffolk

Early Help Hub

The Early Help Hub for South Norfolk, in Long Stratton, is a good point of contact for many different services, should you have any urgent needs or worries:

<https://www.south-norfolk.gov.uk/residents/south-norfolk-help-hub>

See Something, Hear Something, Say Something

Norfolk have launched a campaign for awareness of possible abuse, entitled *See something, hear something, say something...*



If children are worried about something

Childline 0800 1111
www.childline.org.uk

NSPCC www.nspcc.org.uk

CEOP www.ceop.police.uk

Just One Number 0300 300 0123
www.justonenorfolk.nhs.uk

Young Minds
www.youngminds.org.uk

Samaritans 116 123
www.samaritans.org

Kids Helpline
www.kidshelpline.com.au

National guidance about Coronavirus:

[People with symptoms of a respiratory infection including COVID-19 - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

Guidance from the local authority for schools, about Covid19:

- If you are eligible, please take up the offer to [get vaccinated](#).
- Ensure good [ventilation](#) is in place.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
- Put used tissues in the bin immediately and wash your hands afterwards.
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day.
- Make use of face coverings where recommended (e.g. on school transport when respiratory virus rates are high).
- If you have [symptoms of a respiratory illness](#), and a high temperature, or do not feel well enough to attend your setting, stay at home and avoid contact with people until you are well enough to resume normal activities and no longer have a high temperature (and no longer need medication to reduce a temperature).

- [Children and young people \(aged 18 years and under\) who have mild symptoms of a respiratory infection](#) such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting.
- Adults and children who have experienced diarrhoea or vomiting should stay away from school for two days after symptoms have gone.
- If you do have access to tests and [test positive for COVID-19 and are an adult](#) you should stay at home and avoid contact with other people for at least 5 days after the day your test was taken (or longer if you are still poorly/have a temperature), which is when you are most infectious. Or for 3 days [for children and young people aged 18 and under](#) (or longer if you are still poorly/have a [high temperature](#)). More detail is available on [GOV.UK](#).