

Bressingham Primary School –PE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE Unit 1	Introduction to PE Unit 2	Dance Unit 1	Gymnastics Unit 1	Games Unit 1	Fundamentals Unit 1
Year 1	Fundamentals & Ball Skills	Dance & Fitness	Gymnastics & Yoga	Sending and Receiving & Team Building	Target Games & Net and Ball	Athletics & Invasion
Year 2	Fundamentals & Ball Skills	Dance & Fitness	Gymnastics & Yoga	Net and Wall & Sending and Receiving	Striking and Fielding & Team Building	Athletics & Invasion
Year 3	Tag Rugby & Ball Skills Y3/4	Dance & Fundamentals Y3/4	Gymnastics & Yoga	Fitness & Handball	Hockey & Rounders	Athletics & OAA
Year 4	Tag Rugby & Swimming	Dance & Swimming	Gymnastics & Swimming	Fitness & Swimming	Netball & Dodgeball	Athletics & Rounders
Year 5	Football & Badminton	Gymnastics & Dodgeball	Dance & Yoga	Basketball & Tennis	Cricket & Golf	Athletics & OAA
Year 6	Football & Badminton	Gymnastics & Dodgeball	Dance & Yoga	Basketball & Tennis	Cricket & Golf	Athletics & OAA
Whole Sch	Cluster sports events- all ages/Extra-curricular Sports opportunities/Active Learning opportunities/Sports Day- Summer Term					